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CONTINUING EDUCATION

3121-D Fire Road, #304
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Overcoming Children's Genetic Risk for Externalizing Disorders

Feb. 22 and Mar. 1, 8, and 15 • 12-1 pm ET • 4 credits • \$98

Live Online Replay – Instructor will be available to answer questions via chat • Also available On Demand

Imagine loving someone, having children with that person, and then realizing that you've gotten yourself involved in an abusive relationship.

Imagine suspecting that your partner, the mother or father of your children, has a personality disorder — and then hearing that personality disorders are highly genetic.

Imagine this person is your client. What do you do?

This webinar series is designed to help you help your client. The webinars explain how childhood and adolescent externalizing disorders develop. You'll learn about genetic risk. You'll learn how environmental factors — from parenting to siblings to the child's friends — interact with genetic endowment to promote or inhibit externalizing disorders. Most importantly, you'll learn strategies that parents can use to help their children grow up healthy and happy, even if they were born with a risk for disorder.

Part 1: Externalizing disorders of childhood and adulthood, including ADHD, conduct disorder, antisocial personality disorder and psychopathy

Learning Objectives:

- Name and describe externalizing disorders of childhood and adolescence, including attention deficit/hyperactivity disorder, conduct disorder, oppositional defiant disorder, and substance use disorders.
- Compare the diagnostic criteria for antisocial personality disorder and psychopathy.
- Describe human social behavioral systems and how they develop.
- Describe the impact of parental externalizing disorders on co-parents and children.
- Identify the risks to children of exposure to psychopathic parents.

Part 2: What genetic research says about behavior and the risk of developing externalizing disorders

Learning Objectives:

- Explain the development of externalizing behavior in children and young adults.
- Discuss how to interpret the results of genetic studies.



LIANE J. LEEDOM, M.D., is a psychiatrist and an associate professor of counseling and psychology at the University of Bridgeport. She is author of *Just Like His Father? A Guide to Overcoming Your Child's Genetic Connection to Antisocial Behavior, Addiction and ADHD*, and *Women Who Love Psychopaths: Investigating the Relationships of Inevitable Harm*. She is also author of multiple peer-reviewed studies, including *The Problem of Parental Psychopathy*, and *Did He Ever Love Me? A Qualitative Study of Life with a Psychopathic Husband*. In addition to her university research and teaching, Dr. Leedom is currently in private practice as a psychiatrist. She trained in medicine at the University of California, Los Angeles, and at the University of Southern California, Los Angeles. She previously served on the medical staff of several Connecticut facilities, including St. Vincent's Medical Center, Hall-Brooke Behavioral Health Services, the Hospital of St. Raphael and the Center for Optimum Care.

- Describe the results of studies of genetic risk for externalizing disorders.
- Explain phenotypic traits and personality traits associated with externalizing disorders.
- Identify guidelines for talking to clients about genetic risk for externalizing disorders.

Part 3: How the environment, including parenting, siblings and peers, affects the development of externalizing disorders in children

Learning Objectives:

- Discuss environmental factors that influence the development of the externalizing phenotype in children and young adults.
- Explain the interaction between genetic and environmental effects in the development of externalizing disorders in children and young adults.
- Explain how parenting behavior influences the development of externalizing disorders in at-risk children and young adults.
- Discuss how genes affect the choices that at-risk children and young adults make in affiliating with peers, and how those choices impact the development of externalizing disorders.
- Assess environmental and genetic risk in at-risk children.

Part 4: Brain systems, social learning, and using the Inner Triangle to immunize children against externalizing disorders

Learning Objectives:

- Explain the two brain systems that mediate behavior.
- Discuss three methods that children use to learn from adults.
- Use three core child development concepts to explain the interaction between genetic and environmental risks for externalizing disorders.
- Describe how teen substance use enhances risk for future substance dependence.
- Summarize how to teach parents to mitigate the risk of a child developing an externalizing disorder.

EXPLOITERS



Spotting disordered personalities and helping the people they target

Millions of people have antisocial, narcissistic or borderline personality disorders, or psychopathy. Lovefraud Continuing Education helps you work with clients suffering from psychological, emotional, physical, sexual and financial abuse inflicted by disordered partners, family members or associates. All courses are convenient online webinars and offer continuing education credit hours for psychologists and social workers.

Lovefraud Continuing Education Webinars • Winter 2017

Helping Lesbians Leave Crazy-making Relationships

Amber Ault, Ph.D., MSW
Jan. 19, 12-2 pm ET
2 credit hours • \$49

Character Disturbances and Disorders

George Simon, Ph.D.
Jan. 30 and Feb. 2, 12-2 pm ET
4 credit hours • \$98

Understanding and Recognizing Narcissistic Abuse

Tiffany Kettermann, LPC, CADCI
Feb. 13, 7-9 pm ET
2 credit hours • \$49

Overcoming Children's Genetic Risk for Externalizing Disorders

Liane J. Leedom, M.D.
Feb. 22, Mar. 1, 8, 15, 12-1 p.m. ET
4 credit hours • \$98

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Character Disturbances and Disorders

Jan. 30 and Feb. 2 • 12-2 pm ET • 4 credits • \$98

In classical psychology, emotional and psychological distress is caused by internal, unconscious conflict, which eventually manifests as psychoneurotic symptoms. But according to Dr. George Simon, this traditional conceptualization does not explain what is happening in people with character disturbances and disorders. In this course, Dr. Simon explains the differences between classical neurosis and character disorder. He explains why typical insight-oriented therapy does not work with disordered individuals, and lays the foundation for an alternative approach.

Part 1: Key differences between neurosis and character disturbance in nature and therapeutic approach

Learning Objectives:

- Describe a framework for understanding and dealing with character-related problems
- Explain key differences between “neurotic” and character-impaired personalities
- Discuss the neurosis-character disturbance continuum and the character disturbance vs. disorder spectrum
- Analyze the level of character disturbance
- Explain the differences between traditional and character-constructive therapy approaches

Part 2: Effective intervention strategies for character disordered individuals

Learning Objectives:

- Discuss key learning failures during moral development
- Recognize and respond appropriately to thinking errors and responsibility-obstructive behavioral tactics
- Apply the principles of benign confrontation
- Employ practical strategies and tools for promoting change
- Use therapeutic leverage in treating character disturbed individuals



GEORGE SIMON, Ph.D. has specialized in disturbances of personality and character for over 30 years, and is widely regarded as one of the foremost authorities on manipulative personalities and other problem characters. He received his Ph.D. in clinical psychology from Texas Tech University, and until just a few years ago maintained an active private practice in which he served both individuals with serious character disturbances and their relationship partners. Dr. Simon was the supervising psychologist for Arkansas’ Sex Offender Risk Assessment program and their only inpatient treatment program for offenders. He is the author of *In Sheep’s Clothing, Character Disturbance – The Phenomenon of Our Age* and *The Judas Syndrome*. Dr. Simon has appeared on CNN and Fox News, and has conducted over 200 instructional seminars and workshops nationwide. He is a full clinical member of ATSA and a Diplomate of the American College Forensic Examiners.



Helping Lesbians Leave Crazy-making Relationships

Addressing barriers to treatment and delivering effective support – Jan. 19 • 12-2 pm ET • 2 credits • \$49

Life in a society that still shaped by both heterosexism and homophobia creates unique challenges for lesbian and bisexual women in identifying abusive relationship patterns, seeking relief from psychotherapy and natural supports, and ending abusive relationships. Clinicians may hold stereotypes that intimate partner violence doesn’t occur in same-sex relationships between women, or that, in the absence of physical violence, same-sex relationships do not include cycles of abuse; women in same-sex relationships often hold the same beliefs, which also serves as an impediment to seeking help. Fears of retaliation from personality disordered partners, risks associated with coming out, concerns that law enforcement and judicial systems will not take a woman’s concerns seriously, and fear of losing support from the minority social network in which a relationship is embedded also impede help-seeking.

Learning Objectives:

- Identify three barriers to help-seeking for women in abusive relationships with female partners who meet criteria for narcissistic, antisocial and borderline personality disorders.
- Identify three challenges for clinicians assessing same-sex couples in which one or both partners exhibit narcissistic, antisocial or borderline traits.
- Identify the prevalence of physical violence in same-sex couples in which one partner meets criteria for narcissistic, antisocial, or borderline personality disorder.
- Identify challenges for women in relationships with partners who meet criteria for narcissistic, antisocial and borderline personality disorder as they attempt to end these relationships.
- Apply knowledge about the appearance of personality-disordered traits in same-sex relationships to assist partners who have the goal of exiting or ending those relationships.



AMBER AULT, Ph.D., MSW, is a clinical sociologist, psychotherapist and trainer based in Madison, Wisconsin, specializing in coaching both heterosexual and LGBT partners of people with Cluster B personality patterns. Her academic areas of expertise include LGBT culture, intimate partner violence, and the history of psychiatric diagnoses; her clinical specializations include suicide risk assessment, crisis intervention, trauma treatment, and supporting partners who have survived toxic relationships. She is the author of *The Wise Lesbian Guide to Getting Free From Crazy-Making Relationships* and *The Five Step Exit: Skills You Need to Leave a Narcissist, Psychopath, or Other Toxic Partner and Recover Your Happiness Now*. Dr. Ault has taught social work and gender and women’s studies at the University of Wisconsin-Madison. She earned her Ph.D. in sociology from Ohio State University and her MSW from the University of Wisconsin. She holds a Wisconsin certified advanced practice social work license.



Understanding and Recognizing Narcissistic Abuse

Feb. 13 • 7-9 pm ET • 2 credits • \$49

As clinicians who come in contact with patients complaining of a wide variety of symptoms every day, you may have worked with victims of narcissistic abuse and not recognized the signs. Victims often don’t know they are suffering from narcissistic abuse and instead reach out for help because they have somatic symptoms. Others feel they are not coping with their own lives and present with multiple psychological issues that are inaccurately diagnosed. They have no idea that a toxic relationship is at the source of their despair.

Narcissistic abuse frequently does not look like domestic violence. It is harder to identify because often there are no obvious signs of abuse. The victims may spend years in a vicious cycle of love bombing, isolation and gaslighting, enduring tremendous loss and psychological destruction before they learn the root of their problem. As a clinician, you may be the first person to ever have the opportunity to name and validate the patients’ experiences and get them on the path to help.

Narcissistic abuse is growing in recognition among the psychological healing community, with discussion of the term, “narcissistic victim syndrome” used to describe a cluster of trauma symptoms that are caused by living with someone with narcissistic personality traits.

In this webinar, you will learn the key pattern of narcissistic abuse, common tactics used in narcissistic abuse, how narcissistic abuse affects victims, and how to recognize the signs of narcissistic abuse in your clients.

Learning Objectives:

- Define narcissistic abuse
- Identify the pattern of narcissistic abuse
- Identify tactics used in narcissistic abuse
- Identify the cluster of symptoms typical of individuals who have suffered from narcissistic abuse



TIFFANY KETTERMANN, LPC, CADCI, MPA, MA, is a licensed professional counselor and a certified drug and alcohol counselor with a private practice, Health Allies Counseling, in Portland, Oregon. “We all have our own unique journeys in life,” she says. “Hurt and pain are an inevitable part of that journey. However, I believe we are built for connection and are not meant to be alone, particularly as we face difficult times. A stable and safe relationship with a trusted counselor can be an important part of a client’s journey, helping him or her to feel supported and to arrive at useful and positive solutions.” Ms. Kettermann has a master’s degree in Clinical Mental Health Counseling and a post-graduate certificate in Trauma Response Services from George Fox University. Her training includes working with individuals, groups and families; lifespan development; anxiety and depression; crisis, trauma and abuse; personality disorders; neuropsychology; health psychology; substance abuse; diversity issues; diagnosis and assessment, treatments and interventions. She is a member of the American Counseling Association and the National Coalition Against Domestic Violence.